



Developmental Checklist for Three-Year-Olds

KidCentric

Observation Period

	1	2	3	4
Social/Emotional				
Demonstrates knowledge of self				
Identifies self by first and last name				
States age				
Identifies self by gender				
Identifies self in mirror or in picture				
Names familiar people				
Values own property and names personal belongings				
Identifies and labels own feelings				
Names at least six body parts				
Identifies ways in which people are alike and different				
Shows curiosity and interest in surroundings				
Begins to develop senses of touch, smell, taste, and hearing				
Demonstrates self-help skills				
Puts on and removes coat unassisted				
Lifts and drinks from cup and replaces it on table				
Feeds self				
Uses materials in an appropriate manner				
Helps to clean up messes				
Helps put away things				
Distinguishes between edible and inedible objects				
Follows classroom routines without prompting				
Completes tasks				
Relates positively with others				
Shows pleasure in dealing with people and things				
Follows simple rules in a game run by an adult				
Follows classroom rules with prompting				
Follows classroom rules without prompting				
Understands consequences of not following classroom rules				
Expresses a wide range of emotions				
Separates from family member without undue stress				
Shows affection or concern for others				
Works or plays independently				
Works or plays with another child				
Works or plays within a group				
Maintains a friendship with another child				
Shares toys or takes turns with prompting				
Shares toys or takes turns without prompting				
Indicates awareness of people having different feelings about a situation				
Recognizes the needs or desires of another				
Accepts a compromise suggested by another				
Suggests a compromise to solve a problem				
Language and Emerging Literacy				
Demonstrates enjoyment of stories and books				
Participates in story time				



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	1	2	3	4
Asks teacher to read a book				
Talks about a story or book				
Points to pictures in a book				
Looks at books independently				
Acts out a simple story				
Recognizes rhyming words				
Retells parts of a familiar story				
Uses illustrations to guess what the text says				
Demonstrates knowledge of how to use a book				
Holds book properly				
Turns one page at a time				
Turns pages from front to back				
Pretends to read a book				
Communicates verbally				
Speaks so that others can usually understand				
Verbalizes wants ("want water")				
Answers simple questions with one or two words				
Answers simple questions with a complete thought				
Uses four to six words together				
Repeats parts of songs, rhymes, stories and fingerplays				
Names familiar toys, people and objects				
Uses pronouns correctly				
Uses plural forms of words correctly				
Names common objects in pictures				
Names articles of clothing				
Names types of furniture				
Names primary colors (red, blue, yellow)				
Describes what is happening in a picture				
Identifies other people by gender				
Identifies loud and soft				
Asks questions				
Follows oral directions				
Follows one-step directions				
Follows two-step directions				
Follows directions with more than two steps				
Places objects in, on, beside or under				
Understands print concepts				
Uses crayons, pencils or markers to "write"				
Recognizes and identifies a few letters				
Physical				
Gross Motor				
Throws a ball with accuracy from 4 to 6 feet				
Throws a beanbag at a target from 4 to 6 feet				
Rolls a large ball to a target from 4 to 6 feet				
Catches a large ball thrown from 5 to 8 feet				



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		1	2	3	4
	Kicks a large ball				
	Jumps three times with both feet				
	Claps with music				
	Walks forward for 8 feet along a line				
	Walks backward for 8 feet along a line				
	Walks on tip toe				
	Walks on a balance beam				
	Walks upstairs alone				
	Walks downstairs alone				
	Hops on one foot two or more times				
	Gallops				
	Rides a tricycle				
	Climbs up and down on play equipment				
Fine Motor					
	Fills and dumps containers with sand				
	Applies glue and pastes collage pieces				
	Paints with a large brush				
	Strings five large beads				
	Puts pegs in a pegboard				
	Screws and unscrews nuts and bolts				
	Holds crayon in fingers rather than fist when coloring or writing				
	Draws horizontal and vertical lines				
	Copies circles				
	Makes balls and snakes with clay				
	Laces following a sequence of holes				
	Builds a six-block tower				
	Uses scissors with one hand to cut paper				
Cognitive					
Demonstrates understanding of some numbers					
	Counts six items				
	Counts to ten by memory				
	Demonstrates one-to-one correspondence of items				
Identifies and groups objects by characteristics					
	Discriminates between big and little				
	Groups items together by size				
	Identifies an item that does not belong with a particular group				
	Stacks three rings by size				
	Replicates a simple design using blocks				
	Puts together a six or seven piece puzzle				
	Replicates a simple pattern				
	Creates a simple pattern				
	Discriminates between hard and soft				
	Discriminates between hot and cold				
	Discriminates between wet and dry				
	Discriminates between full and empty				



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		1	2	3	4
	Matches colors				
	Points to appropriate color when asked				
	Associates use with common objects				
	Groups related items and pictures (cow with barn)				
	Identifies opposites				
	Identifies common sounds				
	Places an object on its outline				
Recognizes and identifies some shapes					
	Identifies a circle				
	Identifies a square				
Demonstrates awareness of time concepts and sequence					
	Knows that different activities go on at different times of the day				
	Understands the idea of waiting for someone else to go first				
	Places 3 pictured events in sequential order				
	Understands present and refers to past or future				
	Uses past and future tenses of words correctly				
Demonstrates awareness of the world around us					
	Knows the names of many animals				
	Identifies the manner in which different animals move				
	Identifies that seeds grow into plants which make more seeds				
	Identifies the parts of a plant (roots, stems, leaves, flowers)				
	Identifies rain, clouds and sun				
	Understands that air is everywhere				
	Understands that objects have weight				
Demonstrates creativity					
	Pretends one item is another (a block is a car, etc.)				
	Demonstrates multiple uses for classroom objects				
	Asks "what if" and seeks answers				
	Draws a person (face with stick arms and legs)				
Demonstrates memory					
	Recalls three objects that are presented visually				
	Identifies a item missing from a picture				